

Download Manual Handling Questions Test

The following CSCS practice test will help you learn the basics of manual handling and help to prepare you for your CSCS Test. This CSCS mock test has 15 questions in the same style and format you will meet in the real CSCS Test. All the answers are provided at the bottom of the page.

1. Which of these should you stop and think about before attempting to lift a load? MANUAL HANDLING - FREQUENTLY ASKED QUESTIONS. What is the maximum weight staff are allowed to lift? What work techniques can help prevent manual handling injuries? Provides frequently asked questions on manual handling. This website uses non-intrusive cookies to improve your user experience. What makes a good test engineer? A good test engineer has a 'test to break' attitude, an ability to take the point of view of the customer, a strong desire for quality, and an attention to detail. - Manual Handling Questions Test