

Download My Kind Of Crazy Living In A Bipolar World

A big issue for the bipolar Christian is finding the right therapist. Secular fundamentalism (the new “religion” of elevating political correctness over traditional faith) makes it hard for some therapists, even if Christian, to put relationship with God at the center of the therapeutic process. Wow, oddly enough that is exactly how my bipolar disorder flared to fruition. I’ve had a history of gambling addiction my entire life, inability to save money, impulse spending, for some reason I felt that my girlfriend was lazy and fat. Bipolar Medications to Avoid. For people with this mood disorder, it is more common to suffer from symptoms of depression than mania. While the fallout from manic episodes can be particularly destructive, and it is the occurrence of mania that characterizes this disorder, most bipolar people will spend more time struggling with their symptoms of depression than mania. Long story short, I have a bipolar neighbor in my apt building who is driving me and the rest of the tenants up the wall. Over the past 3 years, the pattern seems to be that things are quiet for a while and then she goes through screaming and crying spells that are very loud and stressful to hear. - My Kind Of Crazy Living In A Bipolar World