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The Hollywood Reporter is your source for breaking news about Hollywood and entertainment, including movies, TV, reviews and industry blogs. The Dean Ornish program that led to the improvement in artery function and the dramatic drop in angina attacks is not just about putting people on a plant-based diet. DIY Bird Feed This homemade bird feed is an easy, healthy option for birds of all feathers! Try it out for your local bird population. Ingredients: 8 pounds suet 2 pounds peanut butter 8-ounce bottle corn syrup 2 pounds ... Below is an approximation of this video's audio content. To see any graphs, charts, graphics, images, and quotes to which Dr. Greger may be referring, watch the above video. - The Feed Zone Cookbook Fast And Flavorful Food For Athletes The Feed Zone Series