

# Download Treatment Plan With Measurable Goals

Examples of Measurable and Non-Measurable Treatment Goals  
Non-measurable goals Patient will effectively manage their depression.  
Measurable, time-limited goals Patient will decrease their depression by 50%.  
Patient will score 20 or below on the Beck Depression Inventory for 5 consecutive sessions. Target Date:

10/1/2014.  
Leonard Treatment Plan Goals, Objectives and Measurable Outcomes Note that this TX Plan is for exemplar purposes only and does not represent a recommendation of format by VA DMAS Leonard identified the following four general goals during assessment session:  
Treatment Goals – the “building blocks” of the plan, which should be specific, realistic, customized for the client, and measurable  
Objectives – goals are the larger, more broad outcomes the therapist and client are working for, while multiple objectives make up each goal; they are small,...  
Quick Guide to Goals, Objectives & Interventions January 2013 . 2 . Goal Statements: Traditional Treatment Plan vs Person Centered IRP . Kathy’s Goals in a Traditional Treatment Plan Kathy’s Goals in a Person-Centered IRP Patient will be med- compliant over next 3 months. - Treatment Plan With Measurable Goals